

Parent to Parent QLD





It is okay to take a break from using supports for a period of time. For example, you might go overseas on a holiday, or maybe you have moved and you need time to set up your supports in a new area.

However it is important to keep in mind that the NDIA needs to see that you are using your funding. They sometimes look at your past spending to ensure that the amount you have been given is appropriate for your needs.



If you are having difficulty funding and using supports, this document will give you some tips on how to spend your funding wisely and where to go for help.



There are a few places you can go to look for service providers to support you. Some examples include:

Provider Finder

The NDIA website has a useful provider search tool. You can search by support type and location. However, this is only for NDIS registered providers.

Community Groups

Community & Facebook groups or forums have information on service providers in your area. You may also be able to advertise your support needs directly.

Ask a Friend

Word of mouth is a great way to find services in your area. Especially to find an independent support worker. Ask a friend to see if they know of anyone near you.

Use a Directory

There are directories that NDIS providers use to advertise services. These act as a search engine for supports. An example is the annually published <u>Disability Support Guide</u>.

PROVIDERS – CHOICE & CONTROL



Having a plan manager allows you to access any provider you choose. They do not have to be registered with the NDIS.

You can use your choice and control to find providers, services and supports that suit your goals.

Are there similar supports that you could access? For example: seeing a therapist in training can have less wait times and cost less money than seeing a fully registered allied health provider.

Are there assistive technology items funded by the NDIS that could be claimed from your budget to help you while you look for support providers?

Are there boundaries that are preventing you from using supports? Is this something you can have a worker assist you with - eg transporting you to an activity. Or using a telehealth service instead of face to face.

+ OTHER TOOLS +

* Planability *

The <u>P2P Plan Management platform</u> <u>Planability</u> gives you the ability to view your budget, categories and spending at any time. If you are unsure how to access this, please let P2P know.

* Resources *

The <u>P2P website</u> offers a number of resources that can help you to better understand the NDIS. You can learn about funding types, special items, NDIS language and more.

*P2P Workshops *

P2P offers personalised sessions where you can learn more about the NDIS, or even participate in a fully guided planning and goal mapping session.







1 on 1 skills building sessions are a great way to increase your knowledge of the NDIS and how your funding works. P2P Plan Management offers 4 different sessions that can be claimed from your NDIS funding.

Understanding your plan

In this session we will go through your plan in detail and look at what has been included. We will discuss your goals and the categories to help you have a better understanding of how you can engage in and choose supports.

Budgeting tools and tips

This will provide you with essential tools to assist you to keep track of your NDIS budget and spending. We will also cover types of NDIS funding to help you learn how to monitor your funding accurately for the whole duration of your plan.



10N1 SESSIONS



Finding and working with providers

Learn how to find supports and gain tips for how to work well with providers. In this session we will share resources on working with providers more effectively to give you the best chance to find what you need.

Exploring Home and Living

If you are thinking about moving out of home or need to make changes to your home environment to improve your accessibility, this session talks about your NDIS options. We will also give you key tips on the criteria and evidence needed to apply.









P.A.T.H. is a visual planning tool for everyone. NDIS participants can use this to assist them to map out their goals, and plan for their future.

This tool can be claimed from your NDIS funding and you will walk away with a visual map of your future goals.

P2P offers this valuable planning session with two facilitators to make the most of the time.

Click on the link to learn more about <u>P.A.T.H. on</u> <u>our website</u>.



QUESTIONS?

Participants have choice and control around how their funding is used. However if you are experiencing difficulties accessing supports, there are resources that can assist you.

If you have any questions, please feel free to contact the P2P team. We will do our best to assist you.

- 1800 777 723
- www.p2pqld.org.au
- ndisfinance@p2pqld.org.au
- 5 Blackall Street, Woombye QLD 4559

