



Meal Preparation

Participants who have core support funding specified for meal preparation and delivery in their plan can use this support item to claim for meals prepared and delivered.

It can be in your plan in one of two ways.

- Flexible funds**, included in the total budget amount.
 - This support item does not require a quote, is not a stated support, and can be used where meal preparation has been listed in the plan document with core funding available.
 - No additional funding is added to the budget to cover this cost.
- Quote required support**, once approved funding is allocated
 - Your plan may say that a quote is required. This quote needs to be sent to the NDIA and approved before P2P can process these invoices.
 - *If this is the case, please get in touch with us before arranging the support.* We can check to see if the funding has been released, or if the quote will still need to be submitted to the NDIA.
 - Once approved, the NDIS may add additional funding to your budget to cover this support.

How to Check My Plan?

Core Supports

Funding to purchase recommended low cost assistive technology, disability related health consumables and daily adaptive equipment.

Core support funding can be used flexibly to help with your daily activities, current disability-related needs and to work towards your goals. Your Support Coordinator can assist you to develop a budget which meets your needs. Funding is provided for short-term accommodation and assistance to sustain your informal support network and assist you to participate in social activities or activities that will help your independence. Includes assistance with self-care, shared living arrangements, household cleaning and/or yard maintenance. Assistance With The Cost Of Preparation And Delivery Of Meals (x 1) [Quote Required].

This funding is for assistance to enable your participation in individual or group based community, social and recreational activities of your choice that promote development of your personal skills, independence, confidence and to build and maintain friendships.

Look in your plan for Core Supports.

CHECK: Does the description mention Meal Preparation?

CHECK: Does it ask for a quote?

**The NDIS will not pay for the cost of the food ingredients. Your provider may invoice you separately for the cost of the food amount.*

