



FAQ - Disability-related health Supports

Q: What is disability-related health Support?

A: The NDIS says: disability-related health support is support you may need to help you manage a health condition directly because of your disability. Or, to help you to manage your health if your disability means you can't do this on your own.

Q: Is there a certain criteria that must be filled to claim these supports?

A: Yes, the [NDIS website](#) lists some of the typical support types available for this type of support. Other support may be available if it directly relates to the functional impact of your disability. Or if you need help to manage a health condition because of your disability.

Unlike the capacity building therapy supports, it is not about increasing your daily life skills.

Q: What is the difference between disability related health supports and other capacity building therapy?

A: Capacity Building therapy is intended for building or maintaining a level of functioning in the person's daily life. It also should help to encourage adaptation and increase capacity for community participation. Disability related health supports or therapy is to help with a medical condition.

Q: Where are disability related health supports claimed from?

A: These supports are claimed from the core funding category assistance with daily living. This is category number 01 and the line items will begin with 01 eg: 01_661_0128_1_3

Q: What types of disability-related health therapeutic supports are covered?

A: Currently occupational therapy (OT), speech therapy, podiatry, psychology, physiotherapy and dietitian consultations are included.

Q: Can these line items be used to 'top up' capacity building (CB) therapy supports?

A: No, it is not intended to top up funding in the capital CB category. If you have exhausted this funding, you should speak with a planner to request an early review.

Q: If I have a health related need for therapy, do I need to provide anything to access these supports?

A: All claims made from your plan must meet the NDIS reasonable and necessary criteria. You may be asked by the NDIS to provide evidence that this support is required if your funding is audited. P2P will not need this evidence, however it is important to consider keeping this information for your personal records.

If you are due for a plan review, you may also wish to speak to your planner about including these supports in your new plan.

Q: Does my disability-related health therapy provider need to do anything different when claiming?

A: The provider should ensure they use the disability related health support line items in the NDIS price guide or indicate that this is disability-health related in the description of the support.