

Short Term Accommodation

Short term accommodation (STA) or respite is a type of support that may be included in your NDIS plan.

What is STA?	What is <u>not</u> STA?
 Support for more than 24 hours that includes all costs and support work.	 Support when you are charged additional amounts for accommodation, activities, food or support work.
 Support provided away from your home	 Support that continues for more than 14 days or is less than 24 hours (unless a reduced rate is negotiated and charged).
 A type of support that lets you try something else or have a break from your usual carers.	 Overnight support provided at your home
 Support that helps you pursue your goals like increasing your independence or building your skills	 Funding for a holiday.
	 Accommodation while waiting for home modifications to be done

STA helps you when you need a temporary arrangement somewhere that is **away from your usual home** for a short period of time (more than 24 hours but not more than 14 days at any one time). This time allows you to try something different, make new friends, develop new skills or for your usual carers to have a break.

Your STA support should include all expenses including:

- Accommodation - this could be in a hotel or a centre
- Support provided by a support worker for personal care (including overnight)
- Community access activities and support
- Meals/Food
- Activity costs that you've agreed to

If some of these things are not included, it is probably not STA support.

The NDIS can be strict around STA use. Typically, you are only allowed to use 28 days of STA per year but this can vary depending on your Plan. Generally, STA may not be used for 1 on 1 support unless you need individual support because of your disability.

It is important to discuss with your NDIA planner, LAC or support coordinator if you are unsure what STA you can use.

What about other supports during my STA stay?

These supports could continue	These may need to be postponed or cancelled while you are in STA
 A second support worker to assist you with personal care activities, if you have complex support requirements and have approval in your Plan	 House cleaning
 Therapy supports such as physio, psychiatrist, speech therapist etc	 House or Yard maintenance
 Employment supports	 Extra social and community support during STA

If you have complex support needs a second support worker can assist with personal care. This additional support can only be invoiced at level 1 rate.

If it's not STA, how can I claim it?

The NDIS can cover **the cost of your support workers time** while they provide support to you during a stay at your home or on a holiday.

If you have a support worker staying at your home, or coming on holiday with you, for an extended support period (e.g. 2 - 14 days), this is **not** classed as Short-Term Accommodation. In this case, the support worker would need to invoice on an hourly basis, with a night-time sleepover component.

Anything else I need to know?

It is important to us that we provide you with the necessary information to help you to make informed decisions.

We will do our best to answer your questions about Short Term Accommodation. If you have any questions around this, please do not hesitate to contact the team at ndisfinance@p2pqld.org.au

However, if you have questions about your specific NDIS plan and any funding that may be available for STA we strongly recommend that you contact your NDIA Planner, LAC or SC.

- NDIS contact details:
 - NDIS enquiry phone line: 1800 800 110
 - NDIS webchat: <https://nccchat.ndis.gov.au/i3root/>
 - NDIS information on STA: <https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/short-term-accommodation-or-respite>