

Parent to Parent's guide to the NDIS Support Coordination & Plan Management

The National Disability Insurance Scheme (NDIS) is designed to provide those in our community with significant and permanent disability, their families and carers with more choice and control about how support and assistance is delivered to prepare the way for better lives. Once you have a plan, you'll need to be able to implement it.

What's the difference?

There are two types of funded support you can receive to help you manage your NDIS Plan Support Coordination and Plan Management. Here's a rundown of what each of these are:

Coordination of Supports or Support Coordination involves organising the services you require in your NDIS Plan. It provides you with a person or an agency to help you implement your plan and:

- explain what you can spend money on in each category
- engage service providers
- set up service agreements
- help resolve any issues you have getting the supports you require.

Our Support Coordinators connect you with your local community, the supports and services you require to bring your NDIS Plan to life. Our role is to empower you and those around you by working with you to realise your unique goals by accessing the best supports and services available in your region. We have been supporting people with disabilities and their families for over 20 years and have skilled knowledge of the many and complex situations you will find yourself in as you transition through life.

Plan Management (or Financial Intermediary) is how you will manage your NDIS Plan finances. There are four options you can request to manage your budget: Self-managed, plan managed (eg appoint P2P as your plan manager), agency managed (NDIA) or a combination of these.

Parent to Parent's financial plan managers can support you to manage the financial side of your NDIS plan. We have been doing this as one of the original organisations helping people navigate self-directed funding. We will process claims through the NDIS and pay your invoices, organise paperwork, provide you with access to expenditure reports, and send you monthly statements. You can also request some plan management activities to help you build your ability to self-manage!

Funding for Support Coordination and Plan Management is paid by the NDIS on top of your NDIS Plan, however you must ask for it at your NDIS planning meeting. For more information, refer to our Support Coordination and Financial Plan Management Fact Sheets.



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