

Parent to Parent's guide to the NDIS Coordination of Supports Fact Sheet

It can be a confusing and overwhelming experience having your National Disability Insurance Scheme (NDIS) approved. This might be the first time you have funding or you may receive funding for supports you haven't had before. You now have the additional option for help to coordinate your supports under your NDIS Plan. This fact sheet explains the different levels of support coordination available which you can request at your NDIS planning meeting.



What is Support Coordination and how do I get it in my plan?

Support Coordination provides you with a person or an agency to help you implement your NDIS plan and:

- explain what you can spend money on in each category
- engage service providers
- set up service agreements
- help resolve any issues for the supports you require.

To be granted Support Coordination will mean you have complexities that require more than just connection to supports. A Support Coordinator is not responsible for rostering staff or paying for services, but they can help you understand how rostering and budgeting work, and support you to learn those skills for yourself. Your Support Coordinator can also assist you with your second year's plan.

Support Coordination is different to Financial Plan Management. You can request Support Coordination even if you are self-managed, but you must do it in your planning meeting. We also have a Financial Plan Management Fact Sheet for more information on managing the financial aspects of your plan

P2P and the NDIS

P2P are independent support coordinators with over 20 years' experience collaborating with people with disabilities through their series of life transitions. Our team is here to enable you to access the right support to ensure the goals identified in your NDIS Plan are realised.

Our Support Coordinators connect you with your local community, the material supports and services needed to bring your plan to life. Our role is to empower you and those around you by working with you so that your unique goals can be realised by accessing the best supports and services available in your region.

Funding for Support Coordination and Financial Plan Management is paid by the NDIS but you must ask for it at your NDIS planning meeting. Call us today to book your pre-planning session.



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Working alongside people with disabilities, their families and industry since 1998



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Three levels of Coordination of Supports are available:

1. Support Connection

- Time limited support (usually 12 months).
- Helps you to implement your plan and develop your skills to maintain your supports and participate independently in the scheme.

Tip: This is likely to be an NDIS Local Area Coordinator unless you request P2P or other provider of your choice, for example, continuity in your service.

2. Support Coordination

- A greater level of coordination which assists you to connect and maintain supports due to more complex needs with you or your support network.
- This includes regular management and adjustments to your supports due to changing needs, assistance to resolve crisis situations, and regular monitoring,

Tip: Consider requesting Support Coordination for at least your first year with the NDIS until you are familiar with the program and happy with your plan implementation

3. Specialist Support Coordination

- Provides more specialised support to meet high levels of risk.
- A time limited support which addresses barriers and reduces complexities in the support environment.
- Usually funded when several government agencies are involved and is usually provided by a qualified Social Worker or Welfare Worker.

Tip: If you have the slightest concern about the level of need and risk for your loved one, call P2P to discuss your situation before your planning conversation.

P2P can help you

- ✓ Read and understand your NDIS plan and funding categories
- ✓ Help you use your online NDIS participant portal MyPlace
- ✓ Find and engage service providers or mainstream activities
- ✓ Help you access support if you are in crisis
- ✓ Access quotes and assessments when needed (eg: home modifications)
- ✓ Work alongside you to develop your goals for your 2nd year plan or get you back on track when your plans change



Only you know what kind of support and help you want to manage your plan in your first year of the NDIS, even if your plan seems simple. You can ask for Support Coordination at your NDIS planning meeting.



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